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### Review by our viewers

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#### Raising Your Family EQ

By: **Christabel Hong and Lisabel Ting**

##### Review:

This book by Christabel and Lisabel is a must-buy workbook for all families who want to cultivate family EQ. Through its short and relevant stories, it is very effective in getting families together and apply the 4Ts (Tale, Talk, Think, Task).

Its clear approach and simplicity belies the great importance in reaching out to families of varied background.

An example in this approach can be seen in Tale 39 about Martin, who was addicted in computer games.

The authors ended the tale with Martin's mother abruptly stopping him from continuing after persistent warning.

This situation is constantly played out in Singapore families and this tale allows both parents and children to think through and find a collective solution.

There is no guided answer for this situation - thus it forces both parties to come to terms with the problem.

Good work!

##### Favourite Excerpt:

Reviewed by Colin Ong Tau Shien  
23 September 2005

#### Zen Computer

By: **Philip Toshio Sudo**

##### Review:

Written in the format and structure of a computer user manual for hardware and software, this book promises to change our perception about the computer users' relationship with the machine which is part and parcel of our modern day life.

##### Favourite Excerpt:

Zen Computer will not function unless its users make a commitment to learn and teach, teach and learn throughout their lives - to maintain an empty cup to the very end. The moment we lack such a commitment, we step off the path of growth. Too many people seem unwilling to enter the

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